



sharing joy

— dōTERRA Europe Seasonal Gift Guide —



doTERRA
deep
BLUE
RUB
with peppermint
oil, clove bud,
cinnamon bark,
eucalyptus
4.2 FL OZ (120 mL)

doTERRA
onGUARD
Natural Whitening Toothpaste
95% natural
doTERRA
SALON ESSENTIALS

doTERRA
protect 39
shampoo
SALON ESSENTIALS
doTERRA
SALON ESSENTIALS

doTERRA
SALON ESSENTIALS
shampooing
conditioner
doTERRA
SALON ESSENTIALS

doTERRA
onGUARD

PERSONAL ESSENTIALS COLLECTION

Pamper yourself or those you love with the natural remedies of CPTG™ essential oil products. The Personal Essentials Collection is a daily toolkit of essential oil products, designed to help you tackle anything that comes your way.

Includes Deep Blue Rub, dōTERRA Salon Essentials Shampoo & Conditioner, dōTERRA On Guard Toothpaste, dōTERRA On Guard Foaming Hand Wash with 1 dispenser and a reusable shopping bag.

Personal Essentials Collection | £70.25* | €85,25* | 74 PV | 60208017

български

Čeština

Dansk

Deutsch

Eesti

Español

Français

Italiano

Magyar

Nederlands

Norsk

Polski

Português

Română

Slovenčina

Slovensko

Svenska

**Prices do not include VAT*



HOLIDAY JOY

Take yourself back to a simpler time with the traditional holiday scents of Wild Orange, Nutmeg, Pine, Cassia, Cinnamon Bark, and Vanilla. Fill your home with memories as you tantalise your senses with the inviting fragrances of the season, embracing all who gather with the warmth of the holidays.

Includes one Holiday Joy 15 ml.

Holiday Joy 15 ml | £15.50* | €19,50* | 24.5 PV | 60204711



HOLIDAY PEACE

Reminiscent of a freshly-cut Christmas tree, Holiday Peace is a festive blend of Siberian Fir, Douglas Fir, Himalayan Fir, Grapefruit, Frankincense and Vetiver. Diffuse this blend to create a cheerful atmosphere, perfect for Christmas gatherings or spending a quiet evening at home.

Includes one Holiday Peace 15 ml.

Holiday Peace 15 ml | £21.00* | €23,50* | 27 PV | 60206783



**Oils not included.*



CANVAS ZIPPERED 5 ML CASE

The Canvas Zippered 5 ml Case is a compact essential oil carrying case that snugly fits eight 5 ml bottles. Small enough to fit in a bag, large pocket, or car centre console, the canvas case can follow you wherever you go. Place in your loved one's stocking or wrap in decorative paper and give your guests a memorable holiday party favour.

Includes one Canvas Zippered Case. Oils not included.

Canvas Zippered 5 ml Case | £5.50* | €6,50* | 0 PV | 60207744



**Prices do not include VAT*



BEAUTY SLEEP LINEN SPRAY

Encourage peaceful sleep with the calming scent of dōTERRA Serenity Restful Blend. Just add water and essential oils to the spray bottle and mist on your pillow before bed to help you unwind from the Christmas hustle and bustle. As a bonus, it also includes a ceramic disc diffuser that you can put in a wardrobe, drawer, or anywhere else you want to add the subtle scent of essential oils.

Includes 15 ml dōTERRA Serenity, glass spray bottle and ceramic disc diffuser.

Beauty Sleep Linen Spray Set | £44.00* | €52,00* | 35 PV | 60208014



**Prices do not include VAT*

**Oils not included.*



doTERRA
Chary Sage
Cassia
15 mL

doTERRA
Eucalyptus
Eucalyptus
15 mL

doTERRA
Yang Yang
Cassia
15 mL

STURDY OIL CASE

Can't imagine leaving your oils behind while travelling for the holidays? Keep your essential oils safe with a lightweight, yet durable carrying case. A perfect size for suitcases or small carry-ons, this case fits twenty-four 5 ml oils with a soft foam insert to hold each of your precious oils firmly in place wherever your holiday season takes you.

Includes one Sturdy Oil Case. Oils not included.

Sturdy Oil Case | £6.50* | €7,50* | 0 PV | 60207758



**Prices do not include VAT*



doTERRA

doTERRA
Harvest Spice
Gathering Blend
15 ml
Essential Oil Blend

BREVI DIFFUSER SET

Enhance and transform any room or personal workspace with the Brevi™ Walnut Diffuser. The contemporary circle design offers a sleek, modern look. Brevi can run 5 hours continuously and 10 hours intermittently. With ultrasonic technology and multiple light settings, you can easily enjoy the benefits of misting aromatic essential oils and create your own uplifting environment. In this festive set, Brevi is paired with the inviting and heart-warming proprietary blend of Harvest Spice. It combines sweet and spicy Cassia Bark, Clove, Nutmeg, Cinnamon with soothing Cedarwood, and the fresh and uplifting aroma of Eucalyptus. Wrap yourself in contentment by diffusing this delicious blend daily and enjoy the rich, grounding aromas of the season.

... Features ...

- Ideal for personal space: Modern design runs 5 hours continuously/10 hours intermittently
- LED feature can be set to cycle through all 4 colours (blue, purple, yellow, and white), a single colour, or off
- Safety feature: Automatic shut off when the water level is low
- Ultra-fine mist fills a room up to 25 m² in size

Includes Brevi Diffuser and 15 ml Harvest Spice Blend. Choose from UK/IE or EU outlet plug.

Brevi Diffuser Set with **EU** Plug | £37.50* | €40,50* | 22.5 PV | 60208148

Brevi Diffuser Set with **UK/IE** Plug | £37.50* | €40,50* | 22.5 PV | 60208180

Limit of 4 of each item per account, per household.



**Prices do not include VAT*

ELEPHANT DIFFUSER

This adorable elephant diffuser creates a calm, soothing atmosphere for your little one with soft light projection of the starry night sky, peaceful music, and a unique, kid-friendly design. This Christmas, give the amazing benefits of misting aromatic essential oils.

... Features ...

- Ideal for any room: Cute elephant design with 5+ hours continuous run time
- Sound feature: Features 1 lullaby or ambient noise with 3 nature variations
- Selectable LED: Soft, starry night light projection with several options including blue, green, red, and warm white light; makes a soothing night light
- LED feature can be set to cycle through all 4 colours, a single colour, or off
- Safety feature: When tipped over, diffuser will automatically turn off
- Ultra-fine mist fills a room up to 25 m² in size
- Includes USB plug

Includes Elephant Diffuser with USB plug.

Elephant Diffuser with USB Plug | £37.50* | €40,50* | 22.50 PV | 60206620

Limit of 4 of each item per account, per household.



**Prices do not include VAT*



**Utensils not included.*

ESSENTIAL APRON SET

Nothing invites Christmas like the delicious smell of baked goods fresh out of the oven. With two front pockets that contain slots for eight 15 ml bottles, this apron has been custom-designed with essential oil enthusiasts in mind. The classic, modern design makes this apron the perfect accessory to wear when baking in the kitchen or administering the AromaTouch Technique. It boasts a unique design that fits over the head and crosses in the back to eliminate the need for ties. One size fits most.

Includes apron and 15 ml AromaTouch.

Essential Apron Set | £33.50* | €40,00* | 20 PV | 60208016



**Prices do not include VAT*



doTERRA
Beautiful
TOUCH
Captivating Blend
10 mL (0.33 FL. OZ.)

UGANDAN DIFFUSER BRACELET SET

Give back this holiday season! dōTERRA has partnered with Ugandan artisan groups, providing women with opportunities like crafting these beautiful beaded bracelets made of natural grey beads, traditionally known as “lucky seeds,” coloured clay that is uniquely hand shaped into beads, and volcanic beads that can be infused with your favourite dōTERRA™ CPTG™ essential oil. Together we can help provide over 400 women with meaningful, healthy work. With the help of additional income from your order, the artisans are able to save money to invest in healthcare, children’s schooling, nutritious meals, and saving for the future.

Your bracelet has been packaged in a natural bark cloth bag made from the Mutuba tree, used traditionally for centuries in Uganda for clothing, mosquito screens and bedding. Included is a 10 ml roll-on bottle of the energising and floral, limited edition Beautiful Captivating Blend.

*Includes bracelet, cloth bag and 10 ml Beautiful Touch Captivating Blend.
Bracelet style and colour may vary.*

Ugandan Diffuser Bracelet Set | £27.25* | €29,50* | 24.50 PV | 60208182

Limit of 4 per account, per household.



**Prices do not include VAT*



doTERRA

LAVA ROCK DIFFUSER
2 Pack

LAVA ROCK DIFFUSER

Crafted from beechwood and volcanic stone, this natural, decorative diffuser is the perfect way to enhance any setting by adding the aromatic benefits of CPTG™ essential oils. The Lava Rock Diffuser does not require water or electricity, making it a convenient choice for desktops, nightstands, hotel rooms, and more.

Includes Lava Rock Diffuser 2 pack.

Lava Rock Diffuser | £10.25* | €11,00* | 0 PV | 60206685

Limit of 4 per account, per household.



**Prices do not include VAT*



Oils not included.

POLKA DOT CASE

Back by popular demand! Covered in colourful polka dots, this case proves that good things do come in small packages. It holds sixteen 15 ml bottles of essential oils and six 5 ml bottles with a zipper to keep them secure. Never leave the comfort of your essential oils again with this portable, fashionable carrying case for all your cherished oils and blends.

Includes Polka Dot Case. Oils not included.

Polka Dot Case | £14.00* | €16,00* | 0 PV | 60207743



**Prices do not include VAT*



CITRUS ICE GIFT SET

Staying hydrated is crucial for good health, especially during the cold and flu season. Adding essential oils to your water can enhance the flavour and is a great way to help you meet your daily water requirements. Now we've made it even easier to stay hydrated with the Citrus Ice Gift Set so you can make essential oil-infused ice cubes at home. This set includes citrus oils of Lime, Grapefruit and Tangerine that add a vibrant flavour to any drink. Use one oil at a time or combine them to make fun, refreshing mixtures. The silicone ice cube tray is in the shape of the signature dōTERRA "ō", making it a useful tool as well as an amusing conversation piece.

Includes 15 ml Lime, 15 ml Grapefruit, 15 ml Tangerine and a silicone ice cube tray.

Citrus Ice Gift Set | £37.50* | €44,00* | 42 PV | 60208013

[Click here for recipes](#)



**Prices do not include VAT*



doTERRA®

doTERRA®

doTERRA

doTERRA®
Oregano
Eucalyptus
1.34 fl. oz. (40 mL)

doTERRA®
Lemon
Citrus
1.34 fl. oz. (40 mL)

doTERRA®
Black Pepper
Pepper
1.34 fl. oz. (40 mL)

doTERRA®
Dill
Herb
1.34 fl. oz. (40 mL)

SAVOURY COOKING SET

• • • WITH UTENSILS • • •

Savour the season and stir up some Christmas memories in the kitchen with the flavours of Oregano, Lemon, Black Pepper and Dill essential oils. Also included is a silicone spatula and mixing spoon to help you whip up something delicious.

Includes 5 ml Oregano, 5 ml Lemon, 5 ml Black Pepper and 5 ml Dill in a gift box plus a silicone spatula and mixing spoon.

Savoury Cooking Set with Utensils | £38.50* | €46,00* | 43 PV | 60208008

[Click here for recipes](#)



**Prices do not include VAT*



doTERRA[®]
Eucalyptus
Eucalyptus
15 mL
100% Pure

DIY BATH BOMB SET

The best gifts come from the heart, so indulge your loved ones with handmade, essential oil bath bombs using this do-it-yourself set. We've made homemade gift-giving easy by combining the basics needed to whip up a batch of therapeutic bath bombs in no time. Using a few simple ingredients, a couple drops of Eucalyptus essential oil and a little effort, you can make heartfelt, oil-infused gifts for everyone on your list.

Includes silicone bath bomb tray and 15 ml Eucalyptus.

DIY Bath Bomb Set | £16.50* | €19,50* | 18.5 PV | 60208012

[Click here for recipes](#)



**Prices do not include VAT*

Set includes 1 Original, 1 Herbal, and 1 Tropical.



LIP BALM TRIO BOXED SET

Perfect for keeping your lips hydrated and protected this winter, the Lip Balm Trio is now available in a festive boxed set and makes a perfect stocking filler for everyone on your list. dōTERRA SPA Lip Balm is a natural formula containing plant oils, botanicals, and essential oils to hydrate and soothe lips while delivering the unique scent and taste of essential oils.

Includes one each of dōTERRA SPA Lip Balm Herbal, Original and Tropical flavours in a gift box.

Lip Balm Trio Boxed Set | £12.00* | €14,00* | 11 PV | 60208011



**Prices do not include VAT*



FLORAL POUCH SET

Whether you are shopping for yourself or a loved one, this sleek and compact floral pouch is a beautiful yet functional accessory. It is paired with Geranium, Clary Sage & Ylang Ylang, three feminine essential oils that give a personal touch to the holidays. The floral pouch has slots for three 15 ml bottles of essential oils plus an extra pocket and centre compartment with space to store additional oils or other personal belongings. When clasped shut, it holds the contents snugly in place making this ideal to pop in a handbag or rucksack and take with you on-the-go.

Includes Floral Pouch, 15 ml Geranium, 15 ml Clary Sage and 15 ml Ylang Ylang.

Floral Pouch Set | £72.00* | €88,00* | 76 PV | 60208015



**Prices do not include VAT*



JOURNAL GIFT SET

Reflect on your cherished Christmas memories by recording them in this beautiful journal set. Each notebook has 42 lined pages and comes with 5 ml dōTERRA Serenity Restful Blend. dōTERRA Serenity is a perfectly balanced, tranquil blend, transporting the user to a state of blissful repose. The addition of Cedarwood, Ho Wood and Vetiver essential oils gives dōTERRA Serenity a grounding aroma that calms the mind and soothes the senses.

Includes two 42 page journals and 5 ml dōTERRA Serenity Restful Blend.

Journal Gift Set | £18.75* | €20,75* | 19.5 PV | 60208081



ESSENTIAL KEYCHAIN SET

It's easy to feel anxious and overwhelmed amid the excited commotion of the Christmas season. Slow down, take a deep breath, and reconnect with the floral and mint blend of dōTERRA Peace™ Touch. Before venturing out, place a few drops of essential oil on the dōTERRA lava bead braided keychain and enjoy its subtle scent wherever your journey takes you.

Includes keychain and 10 ml dōTERRA Peace™ Touch.

Essential Keychain Set | £15.50* | €16,75* | 16.5 PV | 60208095



**Prices do not include VAT*



dōTERRA
Lavende

dōTERRA
Citrus Bliss[®]
Invigorating
Blend
15 mL

dōTERRA

TRAVEL OIL DUO

Take your favourite dōTERRA Touch blend with you wherever you go. Slide a 10 ml bottle of essential oil into the sleeve and then simply attach to a handbag, rucksack or belt loop. Also comes with a 10 ml bottle of Lavender Touch oil which is widely used for its soothing properties and provides soothing comfort to the skin with an easy-to-use roll-on.

Includes silicone oil sleeve and 10 ml Lavender Touch. Colour of silicone sleeve may vary.

Travel Oil Duo | £11.50* | €15,25* | 12 PV | 60208093



POP-OUT PHONE GRIP SET

This Christmas season, reconnect with loved ones and stay connected all year round with the dōTERRA Pop-Out Phone Grip. It features a pop-out handle that doubles as a stand and can be propped up on a flat surface. Paired with the fresh, sweet scent of Citrus Bliss – a energising essential oil blend that uplifts mood and reduces stress – the Pop-Out Phone Grip Set has everything you need to stay in touch with loved ones and improve wellness.

Includes Pop-Out Phone Grip and 15 ml Citrus Bliss.

Pop-Out Phone Grip Set | £16.75* | €18,75* | 17.5 PV | 60208090





**Beautiful Touch included only. Other oils not included.*

TOUCH CLUTCH

Throughout history, essential oils have been revered as treasured resources. Store your treasured dōTERRA Touch™ collection in this slim and sophisticated carrying case – a portable, lightweight carryall for your favourite oils. Holds six 10 ml roll-on bottles and includes the sweet and floral, limited-time Beautiful Touch Captivating Blend.

Includes Touch Clutch (excluding content) plus a 10 ml Beautiful Touch.

Touch Clutch with Beautiful Blend | £22.25* | €24,75* | 23.5 PV | 60203778



dōTERRA SPA GIFT SET

Start the day off right with the fresh, sweet scent of Citrus Bliss Hand Lotion and the invigorating aromas of CPTG™ Bergamot, Grapefruit, and Cedarwood in the dōTERRA SPA Refreshing Body Wash. Citrus Bliss Hand Lotion is a light and silky lotion that absorbs quickly, while natural surfactants in dōTERRA SPA Refreshing Body Wash provide gentle yet thorough cleansing without irritating the skin. The Spa Gift Set comes pre-packaged in a drawstring bag, making it an easy gift idea for everyone on your list.

Includes Citrus Bliss Hand Lotion and dōTERRA SPA Refreshing Body Wash in a drawstring bag.

dōTERRA Spa Gift Set | £14.75* | €17,25* | 16 PV | 60208019



**Prices do not include VAT*



CHRISTMAS MEMORIES TRIO

The Christmas season is a time of peace, joy and cheer. We've captured the essence of the season in a collectable tin to help set alight the Christmas spirit. The inspiring scents of Holiday Joy, dōTERRA Cheer and dōTERRA Peace will help uplift the mood and create a festive ambiance all season long.

Includes 5 ml Holiday Joy, 5 ml dōTERRA Cheer and 5 ml dōTERRA Peace in a collectable tin.

Christmas Memories Trio | £40.00* | €54,50* | 42 PV | 60208009



dōTERRA FAVOURITES TRIO

We've made it easy to keep your favourite dōTERRA essential oils on-hand by combining three of our most-popular blends in an exclusive, collectable tin. dōTERRA Breathe, dōTERRA Balance, and dōTERRA On Guard are must-have oils, especially during the winter months. Add to your own essential oil collection or gift it to those you care about to introduce them to the power of essential oils.

Includes 5 ml dōTERRA Breathe, 5 ml dōTERRA Balance and 5 ml dōTERRA On Guard in a collectable tin.

dōTERRA Favourites Trio | £22.50* | €23,50* | 25 PV | 60208010



doterra



doterra
Cinnamon Bark
Cinnamomum
zeylanicum 10 mL

doterra
Peppermint
Mentha
piperita 8 mL

doterra
Wild Orange
Citrus
aurantium 8 mL

doterra
Lavender
Lavandula
angustifolia 8 mL

SWEET COOKING SET

• • • WITH MEASURING SPOONS • • •

The popular essential oils of Peppermint, Cinnamon, Wild Orange and Lavender come together in one convenient gift box just in time for Christmas baking. This collection will help you create a tempting assortment of treats that even Santa won't be able to resist. Also included is a set of silicone measuring spoons.

Includes 5 ml Peppermint, 5 ml Cinnamon, 5 ml Wild Orange and 5 ml Lavender in a gift box plus a set of silicone measuring spoons.

Sweet Cooking Set with Measuring Spoons | £40.00* | €47,00* | 42 PV | 60208007

[Click here for recipes](#)



**Prices do not include VAT*



doTERRA[®]
Siberian Fir
Abies sibirica e 15 ml
Essential Oil Supplement

doTERRA

SEASONAL CLAY ORNAMENT SET

Adorn your tree and enjoy the scent of Christmas all season long with an elegant clay ornament that doubles as a diffuser for your favourite oil! Simply place a few drops of essential oil on your ornament and hang it on the tree to enjoy a fresh, lasting scent. Paired with a 15 ml bottle of Siberian Fir, dōTERRA's Seasonal Clay Ornament Set will fill your home with Christmas cheer.

Includes 1 clay diffuser ornament and 15 ml Siberian Fir.

Seasonal Clay Ornament Set | £13.25* | €16,25* | 14 PV | 60208352



**Prices do not include VAT*